

### Quarter 3 Hockey Academy Blocks 1 & 2 Mr. Langager

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>Mon to Thurs</u> Block 1 (8:01-9:29) Block 2 (9:36-11:05)	<u>Friday</u> Block 1 (8:02-9:05) Block 2 (9:05-10:08)	<b>Jan. 28</b> Class Intro. (rm 154)  Orientation/lockers	29 <b>FORMS DUE</b> Badminton  Fitness Centre
<b>Feb.1</b> Badminton  Fitness Centre Jersey/Socks (rm 154)	2 <b>Henderson Ice</b> 8:30 – 10:15  <i>Gretzky/Roy</i>	3 <b>Henderson Ice</b> 8:30 – 10:15  <i>Messier/Brodeur</i>	4 <b>Civic Ice</b> 8:30 – 9:45 <b>Grade meetings</b> 10:30-11:05	5 Holiday Bowl 8:30 – 9:45
8 Badminton  Pickle Ball	9 <b>Henderson Ice</b> 8:30 – 10:15  <i>Howe/Roy</i>	10 U of L Pool 9:00 – 10:00 2 guards	11 <b>Civic Ice</b> 8:30 – 10:00  <i>Orr/Brodeur</i>	12 Theory 154  Basketball
15	<b>Holidays – No School</b>		18	19
			<b>Teachers' Convention</b>	
22 Basketball  Theory 154	23 <b>Henderson Ice</b> 8:30 – 10:15  <i>Messier/Roy</i>	24 <b>Henderson Ice</b> 8:30 – 10:15	25 <b>Henderson Ice</b> 8:30 – 10:15  <i>Gretzky/Brodeur</i>	26 Theory 154  Fitness Centre
<b>Mar. 1</b> Theory 154  PFA (9:45 – 10:45)	2 <b>Henderson Ice</b> 8:30 – 10:15  <i>Orr/Roy</i>	3 Volleyball  Yoga (9:45-10:45)	4 <b>Henderson Ice</b> 8:30 – 10:15  <i>Howe/Brodeur</i>	5 Fitness Centre  Bash Ball
8 Volleyball  Handball	9 <b>Henderson Ice</b> 8:30 – 10:15  <i>Gretzky/Roy</i>	10 <b>Henderson Ice</b> 8:30 – 10:15	11 <b>Henderson Ice</b> 8:30 – 10:15  <i>Messier/Brodeur</i>	12 Holiday Bowl 8:30 – 9:45
15 Div. Spiritual Dev. Day – No School	16 <b>Henderson Ice</b> 8:30 – 10:15  <i>Howe/Roy</i>	17 Broomball (Civic) 8:30 – 9:30 Fitness Centre	18 <b>Henderson Ice</b> 8:30 – 10:15  <i>Orr/Brodeur</i>	19 Theory 154  Floor Hockey
22 GYM  Community Service	23 <b>Henderson Ice</b> 8:30 – 10:15  <i>Messier/Roy</i>	24 <b>Henderson Ice</b> 8:30 – 10:15	25 <b>Henderson Ice</b> 8:30 – 10:15  <i>Gretzky/Brodeur</i>	26 Fitness Centre  Dodge ball
29 Theory 154  Fitness Centre	30 <b>Henderson Ice</b> 8:30 – 10:15  Howe/Orr	31 U of L pool 9:00 – 10:00 1 guard	<b>Apr 1</b> Theory 154  TH	<b>2 Good Friday –</b> No School
<b>5 Easter Break -</b> <b>No School</b>	<b>6 Easter Break</b>	<b>7 Easter Break</b>	<b>8 Easter Break</b>	<b>9 Easter Break</b>
<b>12 Exams</b>	<b>13 Exams</b> Social 30-1/-2	<b>14 Exams</b> Biology 30	<b>15 Exams</b>	16 Quarter 4 begins

**Quarter 4      Hockey Academy      Blocks 1 & 2      Mr. Langager**

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	<u>Mon to Thurs</u> Block 1 (8:01-9:29) Block 2 (9:36-11:05)	<u>Friday</u> Block 1 (8:02-9:05) Block 2 (9:05-10:08)		16 Theory 154 Fitness Center
19 IN. Theory 154	20	21 U of L Pool 9:15 – 10:15 Aqua-fit (shallow end)	22	23 Fitness Center IN
26 U of L Rock Climbing 8:30 – 10:00	27	28	29	30 Theory 154 Fitness Center
<b>May. 3</b> Theory 154 IN	4	5 Theory 154 PFA (9:45-10:45)	6	7 Fitness Center IN
10 IN Fitness Center	11	12	13 Theory 154 SS Rec Swim (9-10:45)	14 Evergreen Driving Range 8:30 – 9:45
17 IN IN	18	19 Evergreen 9 holes 8:30 – 10:45	20	21 IN IN
24 <b>Victoria Day No School</b>	25 <b>Staff Retreat No School</b>	26	27	28 Theory 154 Fitness Center
31 IN Tennis (Henderson) 9:00 – 11:00	<b>Jun. 1</b>	2	3	4 Theory 154 Fitness Center
7 IN Theory 154	8	9 Evergreen 9 holes 8:30 – 10:45	10	11 Theory 154 Outdoor Rec
14 IN Outdoor Rec	15	16 Room 154 Room 154	17 <b>Exams</b>	18 <b>Exams</b>
21 <b>Admin. Day No School</b>	22 <b>Exams</b>	23 <b>Exams</b>	24 <b>Exams</b>	25 <b>Exams</b>
28 <b>Exams</b>	29	30		